

Service Organizations:

Volunteering is good for the Mind, Body and Spirit

American Legion Post #468
(760) 765-0126
P.O. Box 205, Julian 92036

Anza-Borrego Foundation
(760) 767-0446
P.O. Box 2001,
587 Palm Canyon Drive,
Ste 111
Borrego Springs, CA 92004
Email: info@theabf.org
www.theabf.org

Backcountry Communities Thriving (BCT)
2015 Main St. Ste. D, Julian
P.O. Box 1705
Julian, CA 92036
info@bc-ct.org
bc-ct.org

C4 Foundation
P.O. Box 181679
Coronado, CA 92178
c4foundation.org

California Wolf Center
www.californiawolfcenter.org

East County Performing Arts Association
info@eastcountyarts.org

Friends Of The Julian Library
(760) 765-2899
P.O. Box 815
Julian, CA 92036
friendsofthejulianlibrary.org

Ilan-Lael Foundation
ilanlaelfoundation.org

Judith A. Bassett Canid Education and Conservation Center
(760) 224-9392
www.jabcecc.org

Julian Arts Guild
(760) 765-0868
P.O. Box 494, Julian
julianartsguild@aol.com
www.julianartsguild.org

Julian Cemetery Corporation
2948 A Street, Julian
Juliancemetery.org

Julian Community Heritage Foundation
Juliantownsquare.com

Julian Dark Sky Network
(619) 354-9258
P.O. Box 184
Julian, CA 92036
juliandarkskynet-work@gmail.com
juliandarkskynetnetwork.com

Julian Fire Safe Council
P.O. Box 1705
Julian, CA 92036
jfsc@bc-ct.org

Julian Historical Society
(760) 765-0683
2133 Fourth Street, Julian
P.O. Box 513
Julian, CA 92036
julianhistoricalsociety.org

Julian Pathways, Inc.
(760) 765-2228
1704 Cape Horn Ave., Julian
P.O. Box 337
Julian, CA 92036
admin@julianpathways.org
julianpathways.org

Julian Woman's Club
(760) 765-4702
P.O. Box 393
Julian, CA 92036
www.julianwomansclub.org

Laguna Mountain Volunteer Association (LVMA)
(619) 473-8547
3348 Alpine Blvd.
P.O. Box 1984
Alpine, CA 91901
sabdi@lmva.org
lmva.net

Pioneer Museum
(760) 765-0227
2811 Washington Street,
P.O. Box 511
Julian, CA 92036

Save Our Heritage Organisation
sohosandiego.org

Volcan Mountain Foundation
(760) 765-2300
eric@volcanmt.org

Julian's Mind Body, Spirit Offerings



Historic Julian California

Tel: 760-765-1857

www.VisitJulian.com

Abba's Pearl

Medical massage, bodywork and health coach with Biblical views.

Sheri Hammes-Clark, CMT, LMT
21979 CA-79
Santa Ysabel CA 92070
(951) 581-2231
abbaspearl.com

Alpine Physical Therapy and Wellness Center, Inc.

Personal and attentive rehabilitation for orthopedic injuries, neurological deficits, balance issues, sports injuries, and post-surgical recovery. Most insurance accepted.

Matt Kraemer, PT
2216 Main Street
Julian, CA 92036
760-765-0806
julianfitnesscenter@gmail.com

Julian Branch Library

The Julian Library offers a variety of activities and resources for mind, body and spirit. Musical presentations, yoga, fitness classes, art classes, and speakers are just a few things the library has to offer.

1850 Highway 78
Julian, CA 92036
(760) 765-0370

Julian Wellness Center

ReGenerate - ReEnvision - ReEngage
Offering massage, acupuncture, facials, energy work and integrative wellness solutions. We are located in Santa Ysabel, right next to the Nature Center, with plenty of parking.

21979 CA-79
(760) 896-4049
julianwellnesscenter.com

Moonshine Magic

Your place for: Crystals, rocks and minerals, herbal blessed candles, and handcrafted essential oil blends, beaded jewelry, and more.

*Exclusive San Diego County location for Coventry Creations Candles and Rosarium Blends Essential Oils
2608 B Street
619-846-0163
moonshinemagicjulian@gmail.com

Mountain Healing Acupuncture

I've been dedicated practitioner of holistic medicine since 2008. I love empowering patients to understand their bodies and discover the power of healing arts. As part of my practice and philosophy, I strive to both educate and heal my patients, empowering them to live better and healthier lives.

Lara Koljonen
2015 Main St. Suite B
619-980-0745
mountainhealing.com

Native Touch Acupuncture & Healing Arts

Regina Montalvo
760-445-3035
nativetouch1@gmail.com

**Nicole Pisciotto,
Yoga Teacher & Reiki Healer**

619.233.6198
nicolepisciotto.com
Dedicated to assisting others not only on the journey of healing but also life management offering many tools for balanced living. One of the most important things I love is that yoga is for everyone. My approach is a gentle deep healing practice that allows you as the participant to relax and create your perfect experience in the moment to serve your needs. Services include....
Individual Yoga Session • Group Yoga Class • Reiki Healing • Crystal Healing • Shanti Foot Bliss

Rooted Living Wellness

As a trained and certified wellness coach, counselor and yoga instructor, I offer several therapeutic modalities for your transformation: individualized coaching sessions, group and private sound healing sessions, private and group meditation & yoga sessions.

Liz Myers
rootedliving@gmail.com
rootedlivingwellness.com

The Julian Fitness Center

Featuring: Cardio equipment, which includes treadmills, bikes, (upright and recumbent) and ellipticals. Top of the line free motion fitness equipment, free weights, incline benches and smith rack
Staff on site full time

\$10 for a day pass
2216 Main Street
760-765-1576

Zen Mountain Yoga

We provide private sessions as well as small group classes in classical yoga. Denise Eve shares her 25 plus years of yoga teaching, she encourages her students to listen to their body while infusing postures with the breath. Practicing with Denise invites healing, nourishment and wellbeing to the body mind connection.

4367 Hwy.78
858-922-4731
www.zenmountainyoga.com

ZUMBA with Gaynor Behan

gaynorbehan@hotmail.com
619-540-7212